

Covid-19 Office Policy

These guidelines follow the American Association of Marriage and Family suggestions and comply with Federal, State of TN and local government guidelines during Covid-19

- Telehealth sessions are available using Zoom, Face Time or phone sessions if you feel more comfortable with those modes of therapy than an in-person session. You may choose to do in-person sessions at any time. You also have the right to change and go back to telehealth. The idea is for you to feel safe and comfortable during therapy.
- You agree to wash your hands with soap and water or hand sanitizer before entering the office. Hand sanitizer is available in the office and an air filter is located within my office for your protection. Although nothing is fool proof
- You agree to stay a safe distance from myself in my office and others in the waiting room.
- You agree to notify me in advance if you or a member of your family has been exposed to the Covid virus.
- You agree to notify me if you or a member of your family has tested positive for the virus.
- Should the TN government require the use of masks in a office environment that is not medical, it is expected that you wear one.
- Should you develop a temperature of more that 100 degrees, please call and reschedule your in-person session. You will not be charged for that cancellation.
- You agree to avoid all physical contact e.g. handshakes
- I reserve the right to amend, add or abrogate any of the foregoing precautions

Please sign and agree that you have read these guidelines and that you will adhere to them.

Thank you for your patience and cooperation with these changes in office procedure

Sign _____ Date _____

Please do not come into the office if you are feeling sick have a cough, cold, temperature or extreme fatigue.